



SPA MENU

MASAJES

Sport massage: 60 and 90 minutes, descontracture and releases muscle tension and fatigue through deep massage and deep tissue manipulations.

60 min. 95€
90 min. 145€

Relaxing massage: 60 and 90 minutes, manipulations that help release stress and help regulate and synchronize the body harmony with the mind discovering relaxation that one needs.

60 min. 95€
90 min. 145€

Lymphatic drainage massage: 60 minutes. increases and improves your system defenses. impact through massage mainly focused on lymph node areas and points reflexes, producing internal and metabolic well-being.

60 min. 95€

Reflexology and CranioSacral: 60 minutes. Stimulation by digito-pressure that improves the systemic functioning and alignment of the spine from the base of the nape to the end of the spine.

60 min. 95€

Massage for pregnant women: 60 minutes, it has the purpose of relaxing the tension of the muscles and joints generated by changes in pregnancy.

60 min. 95€

Ayurveda massage: 90 minutes, the Indian origin, the Ayurveda massage balances your centers of energy or chakras with manipulations, massages and essential oils to find the inner peace and emotional blocks.

60 min. 185€



Facial treatment and Kobido: 50 minutes, it is a facial cleansing treatment, microdermabrasion, serum, and protection cream that illuminates, rejuvenates, nourishes and removes impurities from the skin accompanied by a facial and bust massage with a massage technique and dijito-pressure that helps to relax and de-stress tensions facials.

50 min. 165€

Lomi Lomi massage: 90 minutes, original Hawaiian technique through the hands, elbows and arms that provide an intense sensation of well-being mobilizing the energy centers and muscle relaxation with favorable results.

60 min. 185€

Energetic inka massage: 90 minutes, it is a deep massage with stretching that releases both muscular and joint tensions, aligning the spine and unlocking the energy centers.

90 min. 195€

EXFOLIATES

90 min. 195 €

Description: It is an exfoliation of approximately 20 minutes, followed by a shower and finished with a relaxing massage.

- ❖ **The power of the Olive Tree:** sea salts, olive oil for massage and pills of cocoa butter, algae and eucalyptus.
- ❖ **Lavender garden:** Sea salts, lavender essence and butter tablets, cocoa with lavender.
- ❖ **Eco Coconut Scrub:** Brown sugar, grated coconut and organic coconut oil, with cocoa tablets, mandarin essential oil, apricot kernels and strawberry seeds